



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: (Class 21.4: Stigma and Bias)¹

Hours of Instruction: 1

Course Objectives:

- 21.4.1 Recognize the stigma regarding the misconceptions around Mental Health / Behavioral Issues (MHBI). (MCT)
- 21.4.2 Identify the factors that influence the stigma and bias we carry. (MCT)
- 21.4.3 Recognize who is impacted by bias and/or stigma to comprehend the potential consequences of stereotyping. (MCT)
- 21.4.4 Recognize the myths about the causes of Mental Health / Behavioral Health Issues (MHBI). (MCT)
- 21.4.5 Identify the consequences of various forms of bias. (MCT)
- 21.4.6 Identify what actions (informal/formal) should be taken when recognizing the elements of stigma in a professional environment. (MCT)

¹ Riverside County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the Riverside County Probation Department.