



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: (Class 20.9: Use of Restraints)

Hours of Instruction: 4.5

Course Objectives:

- 20.9.1 With a second officer, demonstrate the proper application of handcuffs on a non-compliant juvenile in a standing, kneeling, and prone position using a course-instructed control hold. (BST)
- 20.9.2 Identify issues related to the proper fit of hand cuffs (e.g., position of locks, position of wrist, tightness of cuffs, double locking, etc.) (MCT)
- 20.9.3 With a second officer, demonstrate how to assist a handcuffed juvenile in the kneeling and prone position to their feet incorporating the following: appropriate verbal instructions to the juvenile during the assist, not pulling up juvenile by their arm and not compromising juvenile's ability to breathe. (BST)
- 20.9.4 Given a scenario, demonstrate how to safely remove handcuffs. (BST)
- 20.9.5 With a second officer, demonstrate how to properly escort a handcuffed juvenile. (BST)
- 20.9.6 Identify the procedure for safely approaching a juvenile prior to the application of handcuffs. (MCT)
- 20.9.7 Given a scenario, demonstrate the proper approach and application of handcuffs on a compliant juvenile from a standing, kneeling, and prone position. (BST)
- 20.9.8 In a simulation, demonstrate handcuffing a juvenile from the searching position incorporating the following: joint locks, cuff retrieval from waistband on belt. (BST)
- 20.9.9 Identify the different parts and nomenclature of handcuffs. (MCT) .
- 20.9.10 Given a scenario, demonstrate the use of verbal commands during the application of handcuffs. (BST)
- 20.9.11 Identify why it is important to use verbal commands while applying restraints. (MCT)
- 20.9.12 Identify laws related to the use of restraints. (MCT)
- 20.9.13 Identify situations when the use of restraint devices may be appropriate, according to Title 15. (MCT)

- 20.9.14 Identify the types of restraint devices used by officers. (MCT)
- 20.9.15 Identify restraint methods that may not be appropriate (e.g., hog tying). (MCT)
- 20.9.16 Identify circumstances when the use of restraints may not be appropriate. (MCT)
- 20.9.17 Demonstrate how to assist a resisting handcuffed juvenile to a sitting position, entering and exiting a vehicle. (BST)
- 20.9.18 Identify Title 15 requirements for direct visual supervision of a juvenile when the juvenile is in physical restraints. (MCT)