



# RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



**Course Title: (Class 17.4: Footwork and Balance)**

**Hours of Instruction: 1**

**Course Objectives:**

- 17.4.1 Given a scenario, demonstrate the course-instructed balance, footwork and body movements to avoid an attacking person, incorporating the following: balance, position in response to subject's movement and self-control. (BST)
- 17.4.2 Given a scenario, demonstrate the course-instructed footwork to evade an attack. (BST)