

Health Education

994.1 PURPOSE AND SCOPE

The purpose is to establish and implement written policy and procedures for health promotion and disease prevention provided to youth. This policy applies to all juvenile facility staff.

994.2 AUTHORITY AND REFERENCES

- Board of State and Community Corrections Title 15 § 1415;
- Welfare and Institutions Code §§ 209, 210 & 885.

994.3 POLICY

Medical, behavioral health and dental health education and disease prevention programs shall be provided to the youth. These programs are to be interactive and gender and developmentally appropriate.

994.4 HEALTH EDUCATION PROGRAMS

Health education program content shall be updated as necessary to address current health and community priorities that meet the needs of the youth.

Subjects for health education may include, but are not limited to:

- (a) Personal hygiene and nutrition;
- (b) Communicable disease prevention (i.e., sexually transmitted diseases, human immunodeficiency virus (HIV), tuberculosis, hepatitis, etc.);
- (c) Effects of smoking and guidance on smoking cessation;
- (d) Self-examination for breast, testicular and skin cancer;
- (e) Dental hygiene;
- (f) Drug abuse and dangers of self-medication;
- (g) Physical fitness;
- (h) Chronic disease and/or disabilities;
- (i) Mental health and suicide prevention;
- (j) Pregnancy and parenting skills; and
- (k) Sexuality, including methods of birth control.

994.4.1 DOCUMENTATION

A record of programs given to youth shall be maintained on a program log and documented in the youth's programming tab in the Juvenile and Adult Management System (JAMS).

Riverside County Probation Department

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994.5 HEALTH COUNSELING

The on-site health care staff's contact with youth during sick call, doctor's call, intake, etc., shall be used as an opportunity for health counseling.

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