

Medical Diets

1012.1 PURPOSE AND SCOPE

The purpose is to establish and implement written policy and procedures for medical diets. This policy applies to all juvenile facility staff.

1012.2 AUTHORITY AND REFERENCES

- Board of State and Community Corrections Title 15 § 1462;
- Welfare and Institutions Code §§ 209, 210 & 885.

1012.3 POLICY

Juvenile facilities shall supply youth with prescribed medical diets as determined by an attending physician.

1012.4 RESPONSIBILITIES

Only an attending physician shall prescribe a medical diet.

Medical diets utilized by a juvenile facility shall be planned, prepared, and served in consultation with a registered dietitian.

The facility manager(s) or designee shall comply with all medical diets prescribed for youth. Diet orders shall be maintained on file for at least one year.

In the event a youth is admitted to a juvenile facility and has an unusual medical diet, the food services manager shall be contacted for assistance.

1012.5 MEDICAL DIET MANUAL

The facility manager(s) and responsible physician shall ensure that the medical diet manual, with sample menus for medical diets, is available in both the medical unit and the food service office for reference and information.

A registered dietitian shall review, and the responsible physician shall approve, the diet manual on an annual basis.

The menus for medical diets shall be written in a manner sufficiently flexible and practical to allow food services staff to meet their requirements with available resources.

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Attachments: None